

September 2026

ADS ROGER Lunch Menu

MONDAY



*Chicken Tenders
Corn
Fruit of the day
Milk Variety*

1



*Popcorn Chicken w
Rice
Green Beans
Fruit of the Day
Milk Variety*

8

*Cheeseburger
Potato Wedges
Fruit of the Day
Milk Variety*

14

*Hamburger
Potato Wedges
Fruit of the Day
Milk Variety*

21

*Cruncy Beef Tacos
Refried Beans
Salsa
Fruit of the Day
Milk Variety*

28

TUESDAY

*Chicken Tenders
Corn
Fruit of the day
Milk Variety*

1

*Popcorn Chicken w
Rice
Green Beans
Fruit of the Day
Milk Variety*

8

*Orange Chicken w
Rice Bowl
Green Beans
Fruit of the Day
Milk Variety*

15

*Chicken Nuggets
w Roll
Cucumber Slices
Fruit of the Day
Milk Variety*

22

*Chicken Teriyaki w
Brown Rice
Corn
Fruit of the Day
Milk Variety*

29

WEDNESDAY

*Cold Sandwich-
Variety
Steamed Broccoli
Fruit of the Day
Milk Variety*

2

*Cold Sandwich-
Variety
Steamed Broccoli
Fruit of the Day
Milk Variety*

9

*Cold Sandwich-
Variety
FZ Peas
Fruit of the Day
Milk Variety*

16

*Cold Sandwich-
Variety
Steamed Broccoli
Fruit of the Day
Milk Variety*

23

*Cold Sandwich-
Variety
Steamed Broccoli
Fruit of the Day
Milk Variety*

30

THURSDAY

*Bean & Cheese
Burrito
Cucumber Slices
Fruit of the Day
Milk Variety*

3

*Spaghetti w Meat
Sauce & Breadstick
Cucumber Slices
Fruit of the Day
Milk Variety*

10

*Bean and Cheese
Burrito
Steamed Broccoli
Fruit of the Day
Milk Variety*

17

*Soft Chicken Taco
Refried Beans
Fruit of the Day
Milk Variety*

24

FRIDAY

*Pepperoni Pizza
Cheese Pizza
Carroteenies
Fruit of the Day
Milk Variety*

4

*Pepperoni Pizza
Cheese Pizza
Carroteenies
Fruit of the Day
Milk Variety*

11

*Pepperoni Pizza
Cheese Pizza
Carroteenies
Fruit of the Day
Milk Variety*

18

*Pepperoni Pizza
Cheese Pizza
Carroteenies
Fruit of the Day
Milk Variety*

25



HEALTHY INNOVATIONS LLC

This institution is an equal opportunity provider.
MENUS SUBJECT TO CHANGE